

Kakamigahara English News

International Exchange Salon

504-0912 Kakamigahara City, Naka Sakura Machi 2-186

Sangyo Bunka Center 6F

Monday~Friday $8:30 \sim 17:15$

Phone 058-383-1417 090-3557-3160 E-mail exchange@city.kakamigahara.gifu.jp

Website <u>www.kia1986.org</u>

(Kakamigahara International Association)

Facebook @kiakakamigahara

* If you'd like to receive our newsletter by post, contact us and get on our mailing list!









Evening/Holiday Consultations 夜・やすみの日の そうだん (4 ~ 9月)

Municipal Tax Office							
Holiday	(9:00 ~ 12:00)	4/13	5/17	6/15	7/12	8/3	9/6
Evening	(17:15 ~ 20:00)	4/14	4/15	5/15	5/16	6/16	6/17
		7/10	7/11	8/4	8/5	9/4	9/5
Location		Tax Division (City Hall 2F)					
Tel		058-383-4773					

National Health Insurance					
Holiday $(9:00 \sim 12:00)$	4/13 5/17 6/15 7/12 8/3 9/6				
Evening $(17:15 \sim 19:00)$	4/24 5/22 6/26 7/24 8/28 9/25				
Location	Medical Insurance Division (City Hall 1F)				
Tel	058-383-1112				

Please enter from the northeast entrance of the city office.

Child Health Checks for August/8月の子どものけんこうしんさ

Place: Sogo Fukushi Kaikan (Those living in Naka, Kawashima, Sohara, and Inaba)

Higashi Hoken Soudan Center (Those living in Unuma)

Hours: Depends on the person; please confirm.

Sign Up: (same day) 8:30 ~ 12:00 online reservation

*Please call if you cannnot make an online reservation.

Bring "WAKABA" file (Until 1 year, 6 months), Maternity book, Questionanaire and bath towel.

Please call if you cannnot make the designated date. Checks take about 2 hours.

4 Months				
Date	Place	Birthdate		
8 / 4 (Mon)		2025 / 3 / 1 ~ 15		
8/5 (Tue)	Sogo Fukushi Kaikan	2025 / 3 / 16 ~ 31		
8/6 (Wed)	Higashi Hoken Soudan Center	2025 / 3 / 1 ~ 31		

11 Months				
Date	Place	Birthdate		
8 / 25 (Mon)	Sogo Fukushi Kaikan			
8 / 26 (Tue)	Higashi Hoken Soudan Center	2024 / 9 / 1 ~ 30		

1 Year, 6 Months					
Date	Place	Birthdate			
8 / 8 (Fri)	Higashi Hoken Soudan Center	2024 / 1 / 1 ~ 31			
8 / 12 (Tue)		2024 / 1 / 1 ~ 16			
8 / 13 (Wed)	Sogo Fukushi Kaikan	2024 / 1 / 17 ~ 31			

^{*}As there is a dental check, be sure to brush your child's teeth before coming.

3 Years					
Date	Place	Birthdate			
8 / 18 (Mon)		2022 / 6 / 1 ~ 14			
8 / 19 (Tue)	Sogo Fukushi Kaikan	2022 / 6 / 15 ~ 30			
8 / 20 (Wed)	Higashi Hoken Soudan Center	2022 / 6 / 1 ~ 30			

^{*}Please bring the urine sample and eye/ear questionnaire to the exam.



If you Become III During the Evening or Holidays /夜・やすみの日に びょうきに なったら

Please bring your health insurance card, welfare medical care benefit certificate, health handbook, etc.

If you become ill during a	July 6(Sun), 13(Sun), 20(Sun), 21(Mon), 27 (Sun) 8:45 ~ 11:45, 13:00 ~ 15:30			
holiday	Sogo Fukushi Kaikan Naka Sakura Machi 2 TEL 058-383-9151 *Please make an appointment by phone			an appointment by phone
	July 6 (Sun)	Douke Dental Clinic	Naka Hamami-cho 2	058-389-6288
If you have a dental	July 13 (Sun)	Nagata Dental Clinic	Sohara Higashijima-cho 4	058-371-0800
emergency on a holiday	July 20 (Sun)	Nakanishi Dental Clinic	Sohara Shinsei-cho 1	058-371-2455
9:00 ~ 15:00	July 21 (Mon)	Midori Zaka Sogo Dental Clinic	Unuma Higashi Machi 3	058-384-8148
	July 27 (Sun)	Green Dental Clinic	Sohara Sakae Machi 2	058-383-2515
If your child becomes ill during the evening	Gifu Shimin Byouin (Gifu City Kashima Cho 7-1) 058-251-1101 / Mon~Sat(Closed Holidays) / 19:30 ~ 23:00 (Reception until 22:30) / * Up to the age of 15. Gifu Shimin Byouin (Gifu City Kashima Cho 7-1) 058-253-7277 / Sundays/National Holidays/ New Year's , 9:00 ~ 13:00/14:00 ~ 18:00/19:00 ~ 23:00. (Reception until 30 minutes before closing time)			
	Ken Sogo Iryou Center (Gifu City No-isshiki 4-6-1) 058-246-1111 * Up to the age of 15.			
Telephone Consultations	Kyu Kyu Anshin Center Gifu #7119 (free call) if you cannot get through, then (058-216-0119) They will tell you by phone which hospital you should go to.			

Japanese Class for Everyday Living / せいかつのための にほんごきょうしつ

Let's study the Japanese you need to live in Japan. It's okay if you can't speak Japanese very well. Let's practice together!

Date	Time	Contents	Place
August 23	13:00~14:00	Orientation	
August 30		Self-introductions	A B
September 6		Shopping/Spending free time	
September 13		How to dispose of garbage	
September 20	13:30 ~ 15:30	110 • 119 Emergency calls	Sangyo Bunka Center 2F Dai 4 Meeting Room
September 27		Natural Disasters	(Naka Sakura Machi 2-186)
October 4		Illness/Injury	,
October 11		Talking about your home country	

For more detailed information check our website!

Use the codes!

If you can't use the site, please come to the Sangyo Bunka Center 6F





Website

Application

Municipal Housing 各務原市のアパート

About the apartments:

	Asahigaoka	Yuuhigaoka			
	Complex	Dai 1 Complex Dai 2 Complex		omplex	
Apartment Size	2K	2 K	2DK	3DK	
Rent*1	¥15,000	¥ 15,500	¥ 20,000	¥24,000	
Key Deposit*2	¥45,000	¥ 46,500	¥ 60,000	¥ 72,000	
Location	Sohara Asahi	Naka Yuuhigaoka-cho			
	Machi				

^{*1} Cost per month. *2 The amount you must pay when you take a room (= 3 Months rent)

To apply (for an apartment):

Anyone who meets all of the conditions below can apply.

- ✓ You intend to live together with your family. Basically, you cannot live alone.
- ✓ You live / work in Kakamigahara City.
- ✓ Neither you nor anyone in your family can own a home.
- ✓ The amount of money the family receives annually is less than the amount set by Kakamigahara City.
- ✓ You have paid all residence/municipal taxes.
- ✓ Neither the applicant nor their family can be associated with organized crime or gangs.

Applicants must go to the office to listen to a lecture about the municipal housing system.

Please submit your applications to the City Hall by July 14 (Mon).

The lottery will be held July 30 (Wed),

Additional things:

- ♦ You will need to buy your own bath/shower to install.
- ♦ No pets (Dogs, cats, etc) are allowed
- ♦ Parking is not included, but can be rented (¥1980 per month)
- **♦** There must be at least one reliable emergency contact.

けんちくしどうか Construction Guidance Division / 建築指導課 058-383-7218

National Pension Exemption Applications / 国民年金の 免除申請

People who have quit their jobs or who received little money last year will be exempt from paying pensions from July 2025 to June 2026.

Place: Resident's Affairs Division National Pension Section (Kakamigahara City Hall 1F)

Please Bring: My Number card, Zairyu card, a document/card confirming your pension number

(Those not currently employed, please show a work separation certificate, etc.)

For more information, please call or visit the Resident's Affairs Division.

Resident's Affairs Division / 市民課 058-383-1113

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Gifu Minami Pension Office 岐阜南 年 金事務所 058-273-6161