



Kakamigahara English News

International Exchange Salon

504-0912 Kakamigahara City, Naka Sakura Machi 2-186

Sangyo Bunka Center 6F

Monday~Friday 8:30 ~ 17:15

Phone 058-383-1417 090-3557-3160

E-mail exchange@city.kakamigahara.gifu.jp

Website www.kia1986.org

(Kakamigahara International Association)

*Please call and join our mailing list to receive the newsletter monthly!



City
Website



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Newsletter



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Evening/Holiday Consultations (Sep-Oct) / 納付相談

Municipal Tax Office		
Holiday (9:00 ~ 12:00)	9/6	10/26
Evening (17:15 ~ 20:00)	9/4	10/27
	9/5	10/28
Location	Tax Division (City Hall 2F)	
TEL	058-383-4773	

National Health Insurance		
Holiday (9:00 ~ 12:00)	9/6	10/26
Evening (17:15 ~ 19:00)	9/25	10/23
Location	Medical Insurance Division (City Hall 1F)	
TEL	058-383-1112	

➤ Please enter from the northeast entrance of the city office.

Child Health Checks for October/幼児健康診断

Place: Sogo Fukushi Kaikan (Those living in Naka, Kawashima, Sohara, and Inaba)

Higashi Hoken Soudan Center (Those living in Unuma)

Hours: Depends on the person; please confirm.

Sign Up: (same day) 8:30 ~ 12:00 online reservation

*Please call if you cannot make an online reservation.

Bring: "WAKABA" file (Until 1 year, 6 months), Maternity book, Questionnaire and bath towel.



Reservations

Please call if you cannot make the designated date. Checks take about 2 hours.

4 Months		
Date	Place	Birthdate
Oct 1 (Wed)	Higashi Hoken Soudan Center	2025 / 5 / 1 ~ 31
Oct 6 (Mon)	Sogo Fukushi Kaikan	2025 / 5 / 1 ~ 15
Oct 7 (Tue)		2025 / 5 / 16 ~ 31

11 Months		
Date	Place	Birthdate
Oct 27 (Mon)	Sogo Fukushi Kaikan	2024 / 11 / 1 ~ 30
Oct 28 (Tue)	Higashi Hoken Soudan Center	

1 Year, 6 Months		
Date	Place	Birthdate
Oct 10 (Fri)	Higashi Hoken Soudan Center	2024 / 3 / 1 ~ 31
Oct 14 (Tue)	Sogo Fukushi Kaikan	2024 / 3 / 1 ~ 15
Oct 15 (Wed)		2024 / 3 / 16 ~ 31

*As there is a dental check, be sure to brush your child's teeth before coming.

3 Years		
Date	Place	Birthdate
Oct 16 (Thu)	Higashi Hoken Soudan Center	2022 / 8 / 1 ~ 31
Oct 20 (Mon)	Sogo Fukushi Kaikan	2022 / 8 / 1 ~ 18
Oct 21 (Tue)		2022 / 8 / 19 ~ 31

*Please bring the urine sample and eye/ear questionnaire to the exam.



If you Become Ill During the Evening or Holidays /休日・夜間の診察

Please bring your health insurance card, welfare medical care benefit certificate, health handbook, etc.

If you become ill during a holiday	Sep 7(Sun), 14 (Sun), 15(Mon), 21(Sun), 23(Tue), 28(Sun) 9:00 ~ 12:00, 13:00 ~ 16:00			
	Sogo Fukushi Kaikan		Naka Sakura Machi 2	058-383-9151
	*Appointments by phone 8:45-11:45, 13:00-15:00			
If you have a dental emergency on a holiday 9:00 ~ 15:00	Sep 7(Sun)	Mizuno Clinic	SoharaYoshino-cho 2	058-383-8118
	Sep 14(Sun)	Himawari Orthodontics\Children’s Dentist	Naka Sumiyoshi-cho 2	058-382-9955
	Sep 15(Mon)	Mutou Dental Clinic	Unuma Yamazaki-cho 3	058-370-0877
	Sep 21(Sun)	Nao Dental Clinic	Sohara Mikakino-cho	058-201-7510
	Sep 23(Tue)	Yokoyama Dental Clinic	Sohara Mochida-cho 3	058-389-0890
	Sep 28(Sun)	Akasaka Dental Clinic	Mii-cho 1	058-382-8777
If your child becomes ill during the evening	Gifu Shimin Byouin (Gifu City Kashima Cho 7-1) 058-251-1101 / Mon~Sat(Closed Holidays) / 19:30 ~ 23:00 (Reception until 22:30) / * Up to the age of 15.			
	Gifu Shimin Byouin (Gifu City Kashima Cho 7-1) 058-253-7277 / Sundays/National Holidays/ New Year’s, 9:00 ~ 13:00/14:00 ~ 18:00/19:00 ~ 23:00. (Reception until 30 minutes before closing time)			
	Ken Sogo Iryou Center (Gifu City No-issiki 4-6-1) 058-246-1111		* Up to the age of 15.	
Telephone Consultations	Kyu Kyu Anshin Center Gifu #7119 (free call) if you cannot get through, then (058-216-0119) They will tell you by phone which hospital you should go to.			

National Census /国勢調査

The National Census is a survey to investigate the status of people living in Japan.

Foreign residents also have to fill out this survey.

The details of this survey will be kept confidential, so please respond honestly.

This survey will also be useful in the event of an emergency or when opening a new store.

It is a very important survey.



A regional agent will deliver your survey form. This will be between September 20th~30th. This person will carry an ID card with a photo. Please complete the survey by October 8th. You can complete it online or return the survey by post. You can also ask to give your completed form to the local census agent directly.

Questions about the survey: National Census Contact Center/ 国勢調査コンタクトセンター 0570-02-5901
(IP Phone:03-6628-2258)

To talk to an officer: National Census Kakamigahara HQ / 国勢調査各務原実施本部 058-383-2037

Health Checks for Attending Elementary School / 就学時健康診断

A letter will soon be sent to those whose children will be entering the first grade of elementary school in April 2026.

Please have your child undergo a health checkup (physical examination) in preparation for entering elementary school.

Please confirm the location and date of the examination.

Location (Elementary School)	Exam Date:	Location (Elementary School)	Exam Date:
Naka Dai 1(ichi)	10 / 17 (Fri)	Unuma Dai 3(san)	10 / 24 (Fri)
Naka Dai 2(ni)	10 / 21 (Tue)	Ryokuen	10 / 6 (Mon)
Naka Dai 3(san)	10 / 7 (Tue)	Yagiyama	10 / 2 (Thu)
Ozaki	10 / 23 (Thu)	Ryounan	10 / 17 (Fri)
Inaba Nishi	10 / 8 (Wed)	Kakami	10 / 1 (Wed)
Inaba Higashi	10 / 7 (Tue)	Sohara Dai 1(ichi)	10 / 8 (Wed)
Kawashima	10 / 3 (Fri)	Sohara Dai 2(ni)	10 / 20 (Mon)
Unuma Dai 1(ichi)	10 / 16 (Thu)	Chuo	10 / 31 (Fri)
Unuma Dai 2(ni)	10 / 3 (Fri)		

がっこうきょういく か
School Education Division / 学校 教育 課 058-383-1118



Lung Cancer and Tuberculosis Screenings / 肺がん・結核検診

Many people in Japan die from lung cancer every year. Please get checked regularly so that the disease can be detected and treated early.

Date: Mondays, Wednesdays, Fridays until December 26. (Please check as there are some holidays)

Time: 13:45 ~ 14:00 (Starting)

Place: Tokai Chuo Hospital 2F Kenkou Kanri Center (Sohara Higashijima-cho 4)

Target: Kakamigahara City residents 40+ (As of March 31, 2026)

Exam: Chest X-ray (if necessary, a sputum cytology exam will also be performed)

Fee: ¥ 1000 (Seniors over 65+ have no charge. Sputum cytology tests are as additional ¥ 1000)

To apply: You can make a reservation until November 30 using the code here:

➤ The test can be scheduled on the same day as the breast and uterine cancer screenings.

➤ If you are on welfare, please come to the Health Promotion Division (City Hall)

けんこう すいしんか
Health Promotion Division / 健康づくり推進課 058-383-1115

