

Kakamigahara English News

Announcing Online Reservations For Health Management Services

Toddler Teeth Care Lesson

Learn about and practice dental hygiene. Take care of those teeth!

Date/Place: May 16th /Sogo Fukushima Kaikan, May 23rd Higashi Hoken Soudan Center

Time: 9:30 AM~10:00 AM

Bring: Children's Toothbrush, Cup, Towel, Maternity Record Book, Dental Record Book, Toddler Tooth Care Lesson Slip.

*Reservations can be made on the day of the event from 8:30 AM- 9:20 AM.

Maternity Lecture 3 • 4

This is to explain, discuss and tour the various facilities, services, resources, etc. available to expecting parents in Kakamigahara City as well as health/exercise, spousal support, and so on. Both are eligible for those expecting between July-September 2019.

#3 Day/Place: May 12 (Sunday)/Higashi Hoken Soudan Center, May 18 (Saturday) /Sogo Fukushima Center

#4 Day/Place: June 3 (Monday)/Higashi Hoken Soudan Center,

Time: 9:30 AM-11:30 AM

Please Bring: Maternal Record Book, bath towel, writing supplies, own drink(s), and please wear comfortable clothes conducive to activity.

For more info regarding either service, please call the applicable office at: TEL (Kenkou Kanrika/Sogo Fukushima Center): 058-383-1115; Higashi Hoken Soudan Center: 058-379-7888

The Kakamigahara City Hall Tourism and Multicultural Division

You can find us on the 6th floor of the Sangyou Bunka Center. Our hours are 8:30 AM~5:15 PM.

Telephone: 058-383-1426

E-Mail: kia@city.kakamigahara.gifu.jp

Website: www.kia1986.org

Please feel free to contact us if you have questions, comments, or for more information.

Children's Health Services For June:

Times for children health checks are from 13:00~13:30.

Please use the designated location for the area you live in. The areas are:

Sogo Fukushi Kaikan: For those living in the **Naka, Kawashima, Sohara, and Inaba** areas.

Note that the *Higashi Hoken Soudan Center* services those living in the **Unuma** area.

4 months

Date	Location	For Children Born
June 3 (Mon)	Sogo Fukushi Kaikan	January 1 – 15 2019
June 4 (Tues)	Sogo Fukushi Kaikan	January 16 – 31 2019
June 5 (Wed)	Higashi Hoken Soudan Center	January 2019

Includes physical

11 months

Date	Location	For Children Born
June 24 (Mon)	Sogo Fukushi Kaikan	July 2018
June 25 (Tues)	Higashi Hoken Soudan Center	July 2018

Physical and dental inspection

1 year 6 months (18 months)

Date	Location	For Children Born
June 11 (Tues)	Sogo Fukushi Kaikan	November 1-15 2017
June 12 (Wed)	Sogo Fukushi Kaikan	November 16-30 2017
June 14 (Fri)	Higashi Hoken Soudan Center	November 2017

Includes physical and dental check

3 years

Date	Location	For Children Born
June 17 (Mon)	Higashi Hoken Soudan Center	May 2016
June 18 (Tues)	Sogo Fukushi Kaikan	May 1-15 2016
June 19 (Wed)	Sogo Fukushi Kaikan	May 16-31 2016

Includes physical, vision and hearing check, urine exam.

For more information contact the Kakamigahara Kenko Kanrikan at TEL 058-383-1115

OR the Higashi Hoken Soudan Center (Unuma) at TEL 058-379-7888

- **As of February, it is possible to make appointments for the office online. Please check the city news and web page for more info and procedures.**

Blood Drive

There will be a chance to donate blood (400 ml) in June (Ages 16-69).

June 9 (Sunday) Apita Kakamigahara Store, 9:30AM~12:00 PM, 1:30 PM~4:00 PM

City Hall Holiday / After Hours and Services for June:

The Kakamigahara City Hall will have the following irregular hours for the following services in May. Please use the basement entrance located on the North Side of the Main building.

City Tax:

Holiday hours:

May 18 (Saturday), 1:00 PM~5:00PM

Evening Consultations:

May 16th, 17th (Thursday, Friday), 20,21 (Monday, Tuesday 5:15 PM~8 PM

(Please note the Tax Division office has changed to the Second floor of City Hall)

TEL: 058-383-4773

National Health Insurance Premiums:

(City Hall, 1F)

Holiday hours:

May 18 (Saturday), 1:00 PM~5:00PM

Evening Consultations:

May 16th, 17th (Thursday, Friday), 20,21 (Monday, Tuesday 5:15 PM~8 PM

TEL: 058-383-1112

International Play Day

The 2019 Annual International Play Day will be taking place on Saturday, May 18th from 10:00 AM-12 Noon at the Naka Fukushi Center. The event is a chance for children to mix with peers from around the city and staff from around the world! The day is open to children 4-12 years of age. Up to 60 participants can join so sign up today! The cut-off date for registry is May 7th. To register send an e-mail to the KIA office with the title "2019 International Play Day" and include your address, postal code, name, age, and telephone number. You can also apply in person on the 6th Floor of the Sangyou Bunka Center, at the Tourism/Multi-Cultural Division counter.

KIA: 504-8555 Naka Sakura Machi 1-69 Kankoukouryukanai; E-Mail: kia@city.kakamigahara.gifu.jp, TEL: 058-383-1426

Our Favorite Things 2019 Riverside Music Festival Ticket Sales Have Begun

The Kakamigahara City 2019 OFT Live Music Festival will rock the riverside Saturday, July 6th from 5:00 PM-8:00 PM and Jam again Sunday, July 7th from 11:00 AM-8:00 PM. Enjoy some of the best indie bands out there today in the outside! This year's line-up includes Siam Cats, GEZAN, *Odette Bakari no Kuni*, MONO NO AWARE, STUTS, TENDOUJI, Homecomings, Orizaka Yuta, VIDEOTAPEMUSIC, HALFBY, and more!

Ticket Prices:

Saturday, 6th: Advance tickets are 2,000 yen, 2,500 on the day

Sunday, 7th: Advance tickets are 4,000 yen, 4,500 on the day

Tickets for *both* days (6&7): 5000 yen (advance only)

Tickets are limited and subject to availability.

Tickets may be purchased through CN Playguide (http://www.cnplayguide.com/oft_hp/)

For more information please contact the Tourism and Multi-Cultural Division at TEL: 058-383-9925 or by FAX: 058-389-0765

Breast Cancer/ Lung Cancer Screenings

When: *Breast Cancer*: From June 10, 2019-February 26, 2020 (Mondays, Wednesdays, Fridays only, closed national holidays) from 1:20 PM-2:15 PM (sign-up until January 31, 2020).

Lung Cancer: From June 10, 2019-November 29, 2019 (Mondays, Wednesdays, Fridays only, closed national holidays) PM 2:15 PM- 2:45 PM (sign-up until October 31, 2019).

Who: Kakamigahara Residents over 40 (Breast Cancer screenings for women only)

Cost: Br = 1500 yen, L=1000 yen (65 and over is FREE)

Where: Tokai Chuo Hospital (2F Healthcare Center)

Space is limited per day (up to 38 people for Breast Cancer Screenings, 20 for Lung Cancer screenings) so please register ASAP.

YOU CAN REGISTER FOR YOUR APPOINTMENT ONLINE. (Japanese only)

For more information (about either screening) please contact the Health Management Division Office at TEL 058-383-1115