

# Kakamigahara English News

## **Covid 19 Vaccination Information**

Vaccines continue to be administered. Remember you will need to make your reservation after you receive your vaccination reservation slip in the mail. Currently, the schedule for vaccination reservations is as follows:

Ages 70-74 (Group vaccinations) from June 7 (Mon), (mailed May 31)

Ages 65-69 (Group vaccinations) from June 16 (Wed), (to be mailed June 7)

Ages 64 and under will begin after the 65-69 block, so please be patient.

● Note: ages are if you will be this age by March 31, 2022

Remember to review all information and you will need to make reservations before coming to receive your vaccine. You can make reservations online or by telephone (though online services seem to be less congested).

If you have any questions, concerns, issues, or need more information about the Novel Corona Virus, please use the contacts:

Health, Labor and Welfare Ministry: 0120-76-1770

Prefectural Government (Vaccine Policies, Issues): 058-272-8222

Kakamigahara City (Vaccine Injections): 058-215-8702

Special Benefits, Welfare Services, Financial Assistance: 0120-198-365

## **The Kakamigahara City Hall Tourism and Multicultural Division**

You can find us on the 6th floor of the Sangyou Bunka Center. Our hours are 8:30 AM~5:15 PM.

Telephone: 058-383-1426

E-Mail: [kia@city.kakamigahara.gifu.jp](mailto:kia@city.kakamigahara.gifu.jp)

Website: [www.kia1986.org](http://www.kia1986.org)

Please feel free to contact us if you have questions, comments, or for more information.

## Children's Health Services for July

Reception: Reservations are from 8:30 AM-12:50 PM in person or online. If unable to make a reservation then, you may do so by telephone from 1:00PM-1:30 PM. Reservations are **same day only**.

Due to current situation regarding the coronavirus, please be sure to bring your own bath towel.

**NOTE: Because of the COVID-19 vaccinations, please be sure to check online at the city webpage or other sources for updates. All appointments will be at the *Sogo Fukushi Kaikan*.**

4 months

Date	Area:	For Children Born
July 5 (Mon)	Naka/Kawashima/Sohara/Inaba	February 1-15 2021
July 6 (Tue)	Naka/Kawashima/Sohara/Inaba	February 16-28 2021
July 7 (Wed)	Unuma	February 2021

11 months

Date	Location	For Children Born
July 26 (Mon)	Naka/Kawashima/Sohara/Inaba	August 2020
July 27 (Tue)	Unuma	August 2020

1 year 6 months (18 months)

Date	Location	For Children Born
July 12 (Mon)	Naka/Kawashima/Sohara/Inaba	December 1-15 2019
July 13 (Tue)	Naka/Kawashima/Sohara/Inaba	December 16-31 2019
July 14 (Wed)	Unuma	December 2019

There is also a dental check, please be sure to brush teeth before coming in.

3 years

Date	Location	For Children Born
July 16 (Fri)	Naka/Kawashima/Sohara/Inaba	May 1-15 2018
July 19 (Mon)	Naka/Kawashima/Sohara/Inaba	May 16-31 2018
July 20 (Tue)	Unuma	May 1-12 2018
July 21 (Wed)	Unuma	May 13-31 2018

*Includes physical, vision and hearing check, urine exam.*

For more information contact the Kakamigahara Kenko Kanrika at TEL 058-383-1115

OR the Higashi Hoken Soudan Center (Unuma) at TEL 058-379-7888

### **Blood Donation**

There will be an opportunity to donate blood coming soon. When: June 2, 2021  
Time: 1:30 PM~4:00 PM  
Place: *ken kinzokukōgyōdanchi kyōdō kumiai* (Prefectural Metal Industry Cooperative Complex). For more information please call the Health management Division at TEL 058-383-7570.

### **City Hall Holiday / After Hours and Services for June:**

The Kakamigahara City Hall will have the following irregular hours for the following services in May. Please use the basement entrance located on the North Side of the Main building.

Please be aware that city functions and office hours may change in an emergency.

Division	Evening Consultations	Holiday hours	Telephone
National Health Insurance (1 <sup>st</sup> floor, Medical Insurance Division)	N/A	N/A	058-383-1112
City Tax Office (City Hall, 2 F)	June 8~11 (Tue ~ Fri) 5:15PM~8:00 PM	June 13 (Sun) 1:00 ~5:00 PM	058-383-4773

### **Measles and Rubella Immunization Booster Vaccines (For Adults!)**

Until March 31, 2022 adults who have been tested and found to have insufficient antibodies for measles and rubella and are planning to have a child (husbands, wives, and others living with them) may get financial assistance from the city to cover the cost of vaccination (up to 8,000 yen for the combined vaccine, 6,000 yen for the measles only vaccine).

You will need to sign up for the vaccine, please do so by downloading the application from the city webpage.

Please be aware the vaccine cannot be provided to pregnant women. If you are intending to give birth, it is recommended that you get the vaccine before trying to become pregnant (at least 1 month before getting the vaccine and 2 months after receiving the vaccine).

Contact the Health Management Division for more information: TEL 058-383-1115.

### **Child Vaccinations (Routine) Reminders**

Don't forget to schedule and get your child's routine immunizations!

**Measles/Rubella (2<sup>nd</sup> Phase):** Must be done up to one year before your child enters elementary school.

**DT (Diphtheria and Tetanus, 2<sup>nd</sup> Phase):** After 11<sup>th</sup> birthday and before turning 13 years of age.

You will need to take your child care record book, vaccination voucher from the city, and your child's health insurance card to any designated medical institution or clinic within the city. If you need to consult the Health Management Division with questions, concerns, have not received/exchanged vouchers from other municipalities for Kakamigahara ones, wish to do the vaccine outside the city etc., please contact the Health Management Division at TEL 058-383-1115

### **Health Checks for Citizens Enrolled in the National Health Insurance Scheme**

A number of health exams will be offered this fiscal year from June 1, 2021~February 28, 2022; you will receive a certificate to do so by mail (end of May). Please be sure to make an appointment in advance.

**General Exam:** (Height, weight, blood pressure/serum, ECG, urine, doctor consultation) for those between the ages 40-74 (500 yen), offered at 59 medical institutions in the city.

**Comprehensive:** Includes X-rays and more detailed examinations. Ages 19-74 (6,300 yen), at 34 medical institutions in the city.

If you are between the ages of 40-74, it is possible to get reimbursed for the General Exam outside the city up to 10,000 yen (Must be done between April 1, 2021-March 31, 2022). The cost of the exam will be reimbursed excluding a base 500 yen (if you paid 10,000 yen, you may get up to 9,500 yen back). Applications for reimbursement must be submitted by May 2, 2022.

Please consult the Health Management Division (TEL 058-383-1099)